



Newsletter

contents



Meetings & Events

1st MC Meeting	3
Webinar on Stress in the Life of Professional Tips & Tricks to Cope it	3
2nd MC Meeting	4
Webinar on Diabetes	5
3rd MC Meeting	5
4th MC Meeting	5
Awareness Webinar on Imlaak Financials	6
Webinar on Telehealth	6
5th MC Meeting	7
6th MC Meeting	7
MPF Family Picnic & Networking	8
Webinar on How to treat correctly & How to prevent kidney stone	9
Webinar on Nutrition & Ramadan	9
Session on Recent Amendments in the Companies Act 2017 & Digitization of Processes by SECP	10



Projects



Members News

12

13

Chief's Editor Message



Dear Readers,

I welcome you all to the Half Yearly Newsletter of MC 2021-22.

Continuing the legacy of an educated heart and mind by providing awareness based webinars with prestigious organizations for the community to develop and enhance the appropriate knowledge, skills and attitudes which is supporting society to grow and progress at large.

During the half year, the Forum remained diligently active and the Committee members contributed well under the guidance and support of our President.

Together, we can ensure to do what's necessary, then do what's possible to keep the dreams alive and to EMPOWER THE COMMUNITY.

Noman Bombaywala
Hon. Secretary General
Chief Editor MPF



President Message



Dear Members

It is my immense pleasure to address on the issue of our first News Letter [OCT-21-MARCH-22]. We start Alhamdo lillah our tenure in new world era (post covid).

The energetic team put in all possible efforts for the issue of NOTE BOOK, as legacy and able to match the past years' standard set by presidens.

During the reporting tenure, we tried best, to achieve goal set for the members to arrange informative webinars of all discipline. I am thankful for commendable efforts of our Doctors for arranging informative webinar on i) Stress in life of Professional Tips & Tricks to Cope it, ii)Telehealth iii)How to treat correctly & How to prevent Kidney stone.

Further to Health Care, cordinated efforts of immediate Past President Mr. Muhammad Shoaib Ibrahim and Mr. Abdul Basit Kothari Vice Presient, arrange webinar for introduction of mobile application based on IMLAAK FINANCIALS, with collaboration of CDC.

During the tenure, we were fortunate to arrange MEMBERS FAMILY PICNIC, at Dream World Resort,. The event was arranged as B2B arrangement with Dreamworld, being the Gold Sponsor for Note Book, Our Past President and sitting member of Managing committee, Mr. Jabbar Rathod, extent marvelous support for making the event memorable for the family members.

Onward we have plan events like MEMBER'S NETWORKING, MEET THE FUTURE LEADERS OF MEMON COMMUNITY.

To extent our cordial relationships with Educational Institutes, discussion are in process for signing up MOU's to get benefits for the professional studies to the student of the Community.

We sort all support of our members to introduce their family members, and pursue them to become member of forum.

In end we pray to Allah for maghfirat to all departed souls, Happy Ramadhan and Advance Eid Mubarak.

JAZAKUM ALLAH

Mushtaq Ahmed Maraswala
President



Meetings & Events

1st MC Meeting for the Term 2021-22

The 1st Managing Committee meeting was held on Sunday October 10, 2021 at MPF Office. The meeting was attended by MC Members and followed through the agenda of the meeting circulated a week earlier.

Webinar on Stress in the Life of Professional Tips & Tricks to Cope it



Webinar on
STRESS IN THE LIFE OF PROFESSIONALS
TIPS AND TRICKS TO COPE IT

Date: Saturday, October 23, 2021 Time: 5:00 TO 6:00 PM (PST)

MENTAL HEALTH DAY

Moderator

Dr. Shumaila Shiwani
MC Member

Speaker

Dr. Farah Aftab
Psychologist Assessments,
Applied Behavior Analysis,
Cognitive Behavioral Therapy
(CBT), Psychotherapy,
Eidetic Therapy,
Research Methodology,
Group Psychotherapy

Noman Bombaywala
Hon. Secretary General

To Register: <http://tiny.cc/y9ekuz>
Channels: Live on Zoom & Facebook



MPF arranged an online session on "Stress in the Life of Professionals Tips & Trick to Cope it" on Saturday, October 23, 2021 through Zoom and live on MPF Facebook Page

The speaker of this session was Dr. Farah Aftab and the moderator was Dr. Shumaila Shiwani. Speaker conducted this session very well and engaged the audience throughout the event. At the end, several questions were asked by the audience which were addressed by the speaker for the clarification of the participants.

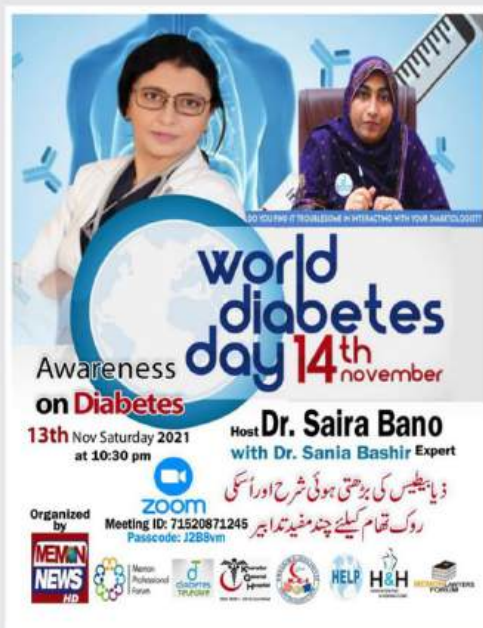
Mr. Noman Bombaywala - Hon. Secretary General concluded the program by thanking the worthy speaker and moderator

2nd MC Meeting for the Term 2021-22



The 2nd Managing Committee meeting was held on Sunday November 07, 2021 at MPF Office. The meeting was attended by MC Members and followed through the agenda of the meeting circulated a week earlier. Moreover, team of Help International Welfare Trust (HIWT) visited MPF Office to keep the tradition of MPF alive that in every tenure MPF sign an MOU with HIWT for awareness of Thalassemia.

Awareness on Diabetes



MPF arranged an online awareness session on "Diabetes" in collaboration with Memon News on Saturday, November 13, 2021 through Zoom and live on Memon News Facebook Page.

The speaker of this session was Dr. Sania Bashir and the moderator was Dr. Saira Bano. Speaker conducted this session very well and engaged the audience throughout the event.

At the end, several questions were asked by the audience which were addressed by the speaker for the clarification of the participants.

3rd MC Meeting for the Term 2021-22



The 3rd Managing Committee meeting was held on Sunday December 05, 2021 at MPF Office. The meeting was attended by MC Members and followed through the agenda of the meeting circulated a week earlier.

4th MC Meeting for the Term 2021-22



The 4th Managing Committee meeting was held on Sunday January 02, 2022 at MPF Office. The meeting was attended by MC Members and followed through the agenda of the meeting circulated a week earlier.

Awareness Webinar on Imlaak Financials



MPF arranged an online session on "Awareness Webinar on Imlaak Financials" in collaboration with Central Depository Company (CDC) and Commecs on Thursday, January 06, 2022 through Zoom and live on Imlaak Financial Facebook Page.

The speaker of this session was Ms. Mashmoona Zehra, Ms. Nighat Ghaffar and the moderator was Mr. Muhammad Shoaib Ibrahim. Speaker conducted this session very well and engaged the audience throughout the event. At the end, several questions were asked by the audience which were addressed by the speaker for the clarification of the participants.

Webinar on Telehealth



MPF arranged an online session on "Telehealth" on Saturday, January 08, 2022 through Zoom and live on MPF Facebook Page.

The speaker of this session was Dr. Sania Bashir, Dr. Anum Daayem and the moderator was Dr. Shumaila Shiwani. Speaker conducted this session very well and engaged the audience throughout the event.

At the end, several questions were asked by the audience which were addressed by the speaker for the clarification of the participants.

5th MC Meeting for the Term 2021-22



The 5th Managing Committee meeting was held on Sunday February 06, 2022 at MPF Office. The meeting was attended by MC Members and followed through the agenda of the meeting circulated a week earlier.

6th MC Meeting for the Term 2021-22



The 6th Managing Committee meeting was held on Sunday March 06, 2022 at Dreamworld Resorts, Hotel & Golf Course. The meeting was attended by MC Members and followed through the agenda of the meeting circulated a week earlier.

MPF Family Picnic & Networking




MPF has arranged "MPF Family Picnic & Networking" on Sunday, March 06, 2022 at Dreamworld Resorts, Hotel & Golf Course. The event was arranged as B2B arrangement with Dreamworld, being the Gold Sponsor for Note Book, Our Past President and sitting member of Managing committee, Mr. Abdul Jabbar Rathod, extent marvelous support for making the event memorable for the family members





Webinar on How to treat correctly & How to prevent Kidney Stone



Memon
Professional
Forum

WEBINAR ON


HOW TO TREAT CORRECTLY & HOW TO PREVENT KIDNEY STONE

10 March is world kidney day

Kidney stone is one of the three most common causes of Kidney Failure in Pakistan. During Ramadan Kidney stones cases increase.


This session will help you to get correct information about treatment and how to avoid kidney stones.

MODERATOR



Dr. Shumaila Shiwani
MC Member

SPEAKER



Dr. Shoaib Mithani
Consultant Urologist
Assistant Professor
Laparoscopic Surgeon

Day, Date & Timing:
Sunday, March 13, 2022, 12:00 noon to 01:15 pm (PST)

Registration Link:
<https://mpf.com.pk/events/how-to-treat-correctly-how-to-prevent-kidney-stone>

Channels:
Live on Zoom & Facebook

Noman Bombaywala
Hon. Secretary General



MPF arranged an online session on "How to treat Correctly & How to prevent kidney stone" on Sunday, March 13, 2022 through Zoom and live on MPF Facebook Page.

The speaker of this session was Dr. Shoaib Mithani and the moderator was Dr. Shumaila Shiwani. Speaker conducted this session very well and engaged the audience throughout the event.

At the end, several questions were asked by the audience which were addressed by the speaker for the clarification of the participants.

Webinar on Nutrition & Ramadan



MPF arranged an online session on "Nutrition & Ramadan" on Sunday, March 27, 2022 through Zoom and live on MPF Facebook Page.

The speaker of this session was Ms. Iqra Sohail and the moderator was Dr. Shumaila Shiwhani. Speaker conducted this session very well and engaged the audience throughout the event.

At the end, several questions were asked by the audience which were addressed by the speaker for the clarification of the participants.

MODERATOR



Dr. Shumaila Shiwhani
MC Member

SPEAKER



Ms. Iqra Sohail
Iqra Sohail is an Assistant Dietitian at Sindh Infectious Disease Hospital. Moreover, Iqra has started her own Online Consultancy "Zero Calorie" where she works with her clients to achieve their weight goals in the healthiest manner.

Day, Date & Timing:
Sunday, March 27, 2022, 04:00 pm to 05:00 pm (PST)

Registration Link:
<https://mpf.com.pk/events/nutrition-and-ramadan>

Channels:
Live on Zoom & Facebook

Noman Bombaywala
Hon. Secretary General

Session on Recent Amendments in the Companies Act 2017 & Digitization of Processes by SECP



ICMA INTERNATIONAL
lead strategically
Karachi Branch Council

Session on Recent Amendments in the Companies Act, 2017 and Digitization of Processes by SECP

Guest of Honour:



Syed Iftikhar ul Hasan Naqvi
Additional Registrar (In-charge Company Registration Office, Karachi)

Syed Iftikhar ul Hasan Naqvi is an experienced professional in corporate law. He has done LL.M. from the University of Karachi and also appeared diploma in Taxation and Labour Laws. He joined the Securities and Exchange Commission of Pakistan in the year 2000 and has held various key management positions at the Company Registration Office in Lahore, Multan and Sukkur as its in-charge. Over the years, he has developed vast and varied experience in dealing with matters relating to administration, law enforcement agencies and corporate law. He is currently heading the Company Registration Office, Karachi and through a dedicated team is actively facilitating the corporate sector for its growth and development. Mr. Naqvi is a regular speaker at seminars, conferences, events that have been organized on corporate laws, incorporation of companies, ease of doing business, etc.

Presenter:



Mr. Kashif Mahmood
Additional Registrar

Mr. Kashif Mahmood joined SECP in 2004 as Assistant Registrar, served as In-charge of Company Registration Office, Quetta from 2004 to 2010. Currently, he is working as Additional Joint Registrar in Securities Exchange Commission of Pakistan (SECP), Company Registration Office, Karachi. He deals with the corporate filing of listed companies. He is the focal person for E-Services related matters at CRO, Karachi of SECP.

Program Details:

Day, Date & Timing:
Wednesday, March 30, 2022
5:00 pm to 5:30 pm (Pakistan Standard Time)

Participation:
Free (seminar) through weblink

Venue:
ICMA Seminar Hall, Head Office Karachi

CPD
2 Points

Mushtaq Ahmed Madraswala
President
Memon Professional Forum

Noman Bombaywala
Honorary Secretary General
Memon Professional Forum

Azeem Hussain, FCMA
Chairman
Karachi Branch Council

For further details & registration, please contact:
Liaison Office, Karachi Branch Council (1st Floor, ST-18 / C, ICMA Pakistan Avenue, Block-B, Gulshan-e-Iqbal, Karachi)
Tel: 9021-9924551 | Df: 9021-9924598 | Ext: 2130 | E-mail: kbc@icmapk.com.pk | www.icmainternational.com



MPF arranged an Physical/online through weblink session in collaboration with ICMA Pakistan on "Recent Amendments in the Companies Act 2017 & Digitization of Processes by SECP" on Wednesday, March 30, 2022.

The speaker of this session was Mr. Kashif Mahmood (Additional Registrar) at SECP and the guest of honour was Syed Iftikhar ul Hasan Naqvi (Additional Registrar/In-charge Company Registrar Office Karachi). Speaker conducted this session very well and engaged the audience throughout the event.

Gold Sponsor



Silver Sponsor

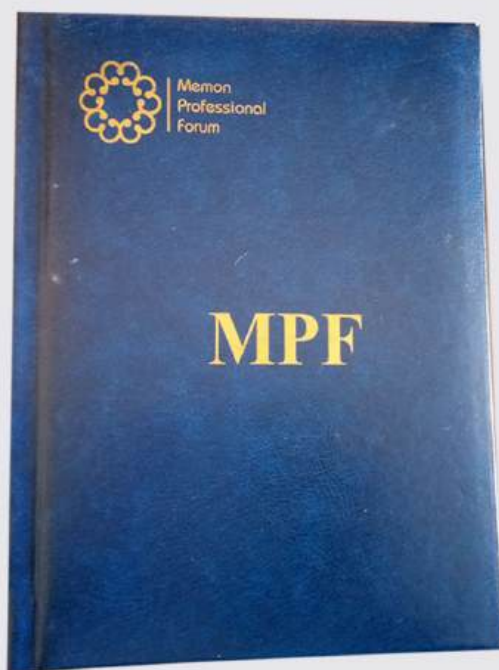


Bronze Sponsor



Projects

Publication of MPF Notebook 2022



Keeping the tradition of MPF alive, this year also, Notebook 2022 project was completed successfully by the Notebook Committee. Out of total 40 advertisements, there were 8 for Gold, 1 for Silver and 5 for Bronze. The said publication was a challenging tasks particularly fetching advertisement, however, it was made possible by tireless efforts of our MC Members, particularly our Notebook committee convener Mr.Khalid Abdul Latif. Distribution of the Notebook started from March 2022 and all the members received it accordingly. The Notebook 2022 was also dispatched to all our sponsors. We thank all our Gold, Silver and Bronze sponsors including all other advertisers for their kind and generous support for MPF Notebook.



Members News

New Members Induction

M-1326	Mr. Moin Muhammad Siddiq Maghura	M-1354	Mr. Zeeshan Ahmed Ganatra
M-1327	Mr. Muhammad Arsalan	M-1355	Mr. Muhammad Ahmad Vagher
M-1328	Mr. Muhammad Nasir	M-1356	Mr. Mehmood Bikiya
M-1329	Mr. Shahzeb Artani	M-1357	Mr. Muhammad Farooq Kapadia
M-1330	Mr. Muhammad Ahmed Jaliawala		
M-1331	Mr. Habibullah Lapodi		
M-1332	Mr. Muhammad Yousuf		
M-1333	Mr. Muhammad Talha		
M-1334	Ms. Maliha Athar		
M-1335	Mr. Muhammad Athar		
M-1336	Ms. Fatima Hussain		
M-1337	Mr. Muhammad Zeeshan		
M-1338	Ms. Saima Fahim		
M-1339	Mr. Abdul Qadir		
M-1340	Mr. Bilal Omar Bawany		
M-1342	Mr. Riaz Ali		
M-1343	Mr. Ahad Saya		
M-1344	Mr. Naseem Shekhani		
M-1346	Ms. Sarah Muhammad Ismail		
M-1347	Mr. Rauf karar		
M-1348	Mr. Noman Chaipiwala		
M-1349	Ms. Ameera Osama		
M-1350	Mr. Abdul Majeed Ghaziani		
M-1351	Ms. Bisma Parekh		
M-1352	Mr. Minhal Balagamwala		
M-1353	Mr. Adnan Ahmed Suriya		